

Serving as President of APA would be a continuation of my life's work – which has been **promoting psychology and breaking down silos**. I was the first in my family to graduate from college, and I have acquired rich training and experience in psychology because of hard work and opportunity. I am an independent practitioner, and have held leadership roles in science, education, public policy, and communications. I have a longstanding record – both inside APA and other organizations - of **working on interests beyond my own and for fostering collaboration and consensus**.

I have learned that **in every crisis there really is opportunity**, and we have several before us: the health and mental health effects of the pandemic, including rising rates of addiction, suicide, domestic violence, and health inequalities; systemic and structural racism and resultant intergenerational trauma; unequal access to education and the safety net of schools; economic fall-out, with women and disadvantaged people especially impacted; universities struggling, research projects threatened, and a student debt crisis; employers and employees trying to adapt; climate change; mistrust of science; political unrest; and immigration chaos. ***Never in our lifetimes has psychology been poised to make such significant contributions to public wellbeing. And – I have learned – we will do it better together.***

Yet we need to **showcase psychological science and practice** that contributes to public health and wellbeing. **We need to persist and partner to promote race and gender justice and equity**. We need to promote psychology as a STEM science in K-12 education and collaborate with other disciplines to promote science literacy. We need to **elevate psychological science as a hub discipline and expose students to the full range of subfields and careers in psychology**. We need to support all teachers of psychology - who serve as our ambassadors. We need to advocate for funding basic and applied psychological science and innovation and harness technology. We need to integrate psychology in both police and criminal justice reforms. We need to advocate for continued **reimbursement for telehealth, interjurisdictional practice, and equitable access to mental health care**. We need to continue to assist the patchwork of advocacy needed for psychologists across our states and territories (e.g., physician definition, parity). And we need to concentrate on **growing a diverse psychology workforce and leadership pipeline and measure our progress**.

If I am elected, **I will utilize the strategic plan to emphasize evidence-based and culturally-responsive prevention across the lifespan**. Based on our science, we know that what happens early in life – both positive and negative - affects adult health, communities, and society. If, collectively, we can leverage psychological science - across developmental, school, clinical, counseling, educational, family, community, social, consulting, and other areas of psychology - we can enable a new generation where racism and bias are mitigated in early childhood, where early education disrupts inequalities, where mental health, relational health, and health behaviors are laid down early, where climate change is slowed by behavior changes, and **where psychology is recognized as being essential for the wellbeing of people and organizations**.

We will, of course, **need to work across disciplines, sectors, and systems** to promote and sustain such change. And we will need to advocate for more valid measurement of returns on investment to accommodate lifespan benefits. But it is within our reach to **enable a new generation to live healthier lives in a safer world**.

I have earned a reputation, within and outside APA, as someone who is collaborative, hard-working, strategic, and who demonstrates integrity and respect for others. **We ARE Better Together**. If I am elected, **I am prepared to lead, eager to listen, and ready to work**.